

Linden Hall- October 2022 SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 10:00 Manicures with Sara 11:00 Scrabble 1:30 Crafts 2:00 Lets Bake Cookies (FH)
2 Active Aging Week 10:30 Service with Joan 11:00 Fun & Games 1:00 Eagles vs. Jaguars 3:00 Wii	3 8:30 Current Events & Coffee 10:00 Devotions 11:00 Movement 2:00 Walkathon 3:30 Afternoon Movie	4 8:30 Current Events & Coffee 10:00 Music 11:00 Strength Class 2:00 Meditation & Yoga with Kerry (FH)	5 9:30 Current Events & Coffee 10:30 Creative Corner 11:00 Stretch & Mobility 1:30 Club Fair (FH) 2:00 Trivia 6:30 Bingo night with Friends	6 9:30 Exercise with special guest (FH) 10:30 Spa Day (FH) 11:00 Strength 1:30 Sing along with Friends 2:00 Dance party 4:00 Word Games	7 Friends Home Active Aging Fall Fest 10:30 cooking class 12:30 Fall Fest Lunch 1:30 Fall Festival Fun	8 10:00 Morning Movie 1:30 Fun & Games 2:00 Music & Discuss 3:00 Piano
9 10:30 Service with Joan 4:25 Eagles vs Cardinals	10 8:30 Current Events & Coffee 10:00 Devotions 11:00 Movement 1:30 Hand Massage with Betsy 2:00 Music & Discuss 3:00 Activity Table	11 8:30 Current Events & Coffee 10:00 Music 11:00 Strength Class 1:30 Wii Fun 2:00 Scarecrow Social	12 8:30 Current Events & Coffee 10:30 Creative Corner 11:00 Stretch & Mobility 12:00 Resident Council 2:00 Bingo (FH)	13 National M&M'S Day 8:30 Current Events & Coffee 10:30 Activity Table 11:00 Strength 2:00 Country Ride 2:00 Guess that M & M	14 8:30 Current Events & Coffee 10:00 Education Hour 1:30 Activity Table 2:00 pod cast/social 3:00 Let's Fill Pumpkins	15 10:00 Manicures with Sara 11:00 Lets Fill Pumpkins 1:30 Root Beer Floats
16 10:30 Service with Joan 11:00 Card Games 2:00 Great Pumpkin Find (Front Porch) 8:20 Eagles vs Cowboys	17 8:30 Current Events & Coffee 10:00 Devotions 11:00 Movement 2:00 Hand Chimes 3:00 Activity Table	18 Nat'l Chocolate Cupcake Day 9:30 Current Events & Coffee 10:00 Music 11:00 Strength Class 2:00 Let's Bake Cupcakes 3:00 Read & Discuss	19 9:30 Current Events & Coffee 10:30 Creative Corner 11:00 Stretch and Mobility 2:00 Bingo (FH) 3:00 Bingo Auction	20 8:30 Current Events & Coffee 10:30 Activity Table 11:00 Strength 2:00 Country Ride 2:00 Mass with Father Rogers	21 9:30 Current Events & Coffee 10:30 Trivia 1:30 Activity Table 2:00 Pod Cast/Social	22 10:00 Morning Movie 1:30 Fun & Games 2:00 Activity Table
23 10:30 Service with Joan 1:30 Fun & Games 2:00 Crafts	24 8:30 Current Events & Coffee 10:00 Devotions 11:00 Movement 1:30 Hand Massages 2:00 Boom Whackers 3:00 Activity Table	25 8:30 Current Events & Coffee 10:00 Music 11:00 Strength Class 2:00 Creative Corner 3:30 Phantom of the Opera	26 National Pumpkin Day 8:30 Current Events & Coffee 10:30 Let's Paint Pumpkins 11:00 Stretch & Mobility 2:00 Bingo (FH)	27 8:30 Current Events & Coffee 10:30 Activity table 11:00 Strength 2:00 Country Ride 3:00 October Fest (FH)	28 8:30 Current Events & Coffee 10:00 Education Hour 1:30 Activity Hour 2:00 Pod Cast/Social	29 10:00 Morning Trivia 11:00 Creative Corner 2:00 Arts & Crafts
30 10:30 Service with Joan 1:30 Sports 1:00 Eagles vs. Steelers	31 Happy Halloween 8:30 Current Events & Coffee 10:00 Devotions 11:00 Movement 2:00 Halloween Minute To Win It (FH)	  		The calendar is subject to change. Any changes will be posted/announced as needed. Thank you!	Due to the Covid-19 Virus Activities will be enhanced weekly and may change to what the calendar reads	