

Friends Home-September 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:00 Labor Day Lanterns 1:00 Floral Arranging 2:00 Porch Social 3:00 Won Kim Recital-FH rec. room	2 Labor Day 10:00 Morning Movie 12:00 Labor Day Picnic in Dining Room 2:00 Porch Visits	3 10:00 Bridge Club 10:00 Arts & Crafts 11:15 Balance Class-Rehab 1 2:00 Music-Bryan Herber	4 9:30 Exercise-Richard 10:30 Hand Massages 11:30 Open Gym 2:00 Trivia Games on the Porch	5 9:15 Trip to Senior Center 10:00 Manicures 10:30 Bible Study with Kim 10:30 Trip to Library and PO* 11:15 Walking Club/Exercise 2:00 Photography fun w/Amy 3:00 Communion-St. Pat's 4:30 Music with Brenten	6 9:30 Yoga with Kerry (P) 10:30 Trip to Walmart 10:30 Activity Table 1:30 Corner Store 2:00 Choir Practice 3:00 Porch Social 5:00 Bus Ride for Parade 6:30 Mushroom Parade	7 Mushroom Festival 9:30 Exercise with Jo 10:30 Rendever 1:30 Fall Centerpieces 3:00 Porch Social
8 Mushroom Festival 10:00 Readings and Fun 1:00 Eagles vs. Redskins-Ch 9 1:30 Grandparent's Day Fun Happy Grandparent's Day! 2:30 Music with Anthony 3:30 Happy Hour-Porch	9 Personal Care Week 9:30 Exercise 10:30 Word Games 10:30 Pet Visits-Charlotte 11:30 Open Gym 2:30 Bingo with Staff and Friends 3:00 Corner Store	10 10:00 Bridge Club 10:00 Arts & Crafts 11:15 Exercise 1:30 Tea Party at the Senior Center 2:00 Music Appreciation 4:30 Music with Brenten	11 9:30 Exercise-Richard 10:00 Trip to Barnards Orchard 11:30 Open Gym 1:30 Great Courses with Doris 3:00 Scarecrow Party	12 10:00 Manicures-Vicki 11:15 Walking Club/Exercise 2:00 Caramel Apples with Staff and Friends 3:00 Communion-St. Pat's 4:30 Music with Brenten 5:30 Dinner at the Creamery	13 8:00 Omlette Bar 9:30 Exercise 10:30 Trip to \$ General 10:30 Activity Table 1:30 Corner Store 2:00 Choir Practice 3:00 Porch Social	14 9:30 Exercise with Jo 10:30 Trivia 11:00 Who's on 1 st ? 2:00 Music with Don and Diane-LH Dining Room 3:00 Afternoon Movie-"The Sandlot"
15 10:00 Activity Table 11:00 Ball Toss 1:30 Flower Arranging 3:00 Trivia on the Porch 8:20 Eagles at Falcons-Ch. 10	16 9:30 Exercise 10:30 Word Games 10:30 Pet Visits-Charlotte 11:30 Open Gym 1:45 Bingo 3:00 Corner Store	17 10:00 Bridge Club 10:00 Arts & Crafts 11:00 Book Club with Liz 11:15 Exercise 2:00 Music Appreciation 4:30 Music with Brenten	18 9:30 Exercise-Richard 10:30 Hand Massages 11:30 Trip-Lunch & Bowling at Timber Lanes 2:00 Floral Arranging in the Parlor 4:30 Music with Brenten	19 9:15 Trip to Senior Center 10:00 Manicures-Vicki 10:30 Trip to Library and PO* 11:15 Walking Club/Exercise 2:00 Photography fun w/Amy 3:00 Communion-St. Pat's 4:30 Music with Brenten 5:30 Third Thursday	20 9:30 Yoga with Kerry (P) 10:30 Trip to Giant 10:30 Activity Table 1:30 Corner Store 2:00 Choir Practice 3:00 Porch Social	21 9:30 Exercise with Jo 10:30 Oktoberfest Activities: Trivia, "Who am I", Games & Snacks 2:00 Oktoberfest Social on the Porch
22 10:00 Noodle Balloon Toss 10:30 Beading with Amy 11:00 Read and Discuss 1:00 Eagles vs. Lions-Ch. 3 Afternoon Trip to the Movies	23 1st Day of Autumn 9:30 Exercise 10:30 Word Games 10:30 Pet Visits-Charlotte 11:30 Open Gym 1:45 Bingo 3:00 Corner Store	24 10:00 Bridge Club 10:00 Arts & Crafts 11:15 Balance Class-Rehab 1 2:00 Trip to Longwood Village (TJ Maxx)** 2:00 Music Appreciation 4:30 Music with Brenten	25 9:30 Exercise-Richard 10:30 Hand Massages 11:30 Open Gym 12:30 Lunch Bunch 1:30 Great Courses with Doris	26 9:30 Senior Center Fall Prevention Expo 10:00 Manicures-Vicki 11:15 Walking Club/Exercise 2:00 Let's talk about Autumn 3:00 Communion-St. Pat's 4:30 Music with Brenten	27 9:30 Exercise 9:30 Trip to Amish Market & CVS 10:30 Activity Table 1:30 Corner Store 2:00 Choir Practice 3:00 Porch Social-Quentin	28 9:30 Exercise with Jo 10:30 Woodside Farm Art and Craft Fall Festival 2:00 Painting with Bob Ross~"Happy Accidents"-Bob Ross 3:30 Afternoon Movie
29 Rosh Hashanah 10:00 Home Décor Craft 11:30 Ball Toss 1:45 Activity Table	30 9:30 Exercise 10:30 Word Games 10:30 Pet Visits-Charlotte 11:00 Resident Council			All calendars are subject to change. Any Changes will be posted.	*September 5 and 19 Trip to Library and Post Office-10:30	

3:00 Popcorn and a Movie

1:45 Bingo
3:00 Corner Store



Thank you!

****September 24-**
TJ Maxx, Ross & Famous
Footwear

