



Friends Home~July 2018



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 9:30 Chair Exercise 10:15 What Am I? 11:00 Never Have I Ever Game 2:00 Walking Club 3:00 Healing Session	2 9:30 Exercise w/Amy 10:00 Word Games 11:30 Open Gym 1:45 Bingo 3:15 Meditation	3 9:30 Exercise-Richard 10:30 Trip to TJMAXX 11:30 Open Gym 2:00 Hymns with Lucy 3:00 Let's Make Cracker Jack	4 Independence Day 9:15 Independence Day Fun 11:00 Music w/ Anthony 12:30 4th of July Barbeque 2:00 Music Quentin Jones	5 10:00 Manicures 10:30 Gardening Committee 11:15 Balance Class 1:30 Trip to \$ General 2:30 Cracker Jack history trivia & eating some	6 9:30 Exercise w/Amy 10:00 Spanish 10:30 Beads with Linda 1:30 Baking with Amy 2:30 Porch Social & Corn Hole	7 9:30 Exercise with Jo 10:30 Balloon Noodle Toss 11:30 Games 2:00 Building Structures 3:00 Front Porch Social	
8 9:30 Conversation Ball 10:30 Games 11:30 July Trivia 2:00 Brain Games 3:00 Movie	9 9:30 Exercise w/Amy 10:00 Word Games 11:30 Open Gym 1:45 Bingo 3:15 Meditation	10 9:30 Exercise- Richard 11:00 Meet Author Mark Bowden 1:30 Kennett Senior Center Tea Party	11 9:30 Strength/Posture 10:30 Betty Miller Art show 11:30 Open Gym 1:30 Rocks and Minerals- Gary from Ridley Creek	12 10:00 Manicures 11:15 Balance Class 1:30 Trip to Library 2:00 Let's play Family Feud	13 9:30 Yoga w/Kerry 10:30 Trip Farmers Market 10:30 Beads with Linda 10:00 Spanish 11:00 Shakespeare Club 2:30 Ice Cream Porch Social	14 9:30 Exercise with Jo 10:30 Celebrate Bastille Day 1:30 Science with Gloria 3:00 Walking Club	
15 10:00 Movie: Zookeeper 12:00 Sunday Dinner at Kennett Senior Center 3:00 Make Someone Smile Activity	16 9:30 Exercise w/Amy 10:00 Word Games 11:30 Open Gym 1:45 Bingo 3:15 Meditation	17 9:30 Exercise- Richard 10:30 Pokeno with Linda 11:30 Open Gym 12:00 Trip to the outdoor YMCA pool and lunch 2:00 Paper Feathers w/ Faye	18 9:30 Strength/Posture 10:30 Nelson Mandella Day 11:30 Open Gym 12:30 Pizza & Movie 2:30 Mass w/Father Rogers 6:30 Bingo with Don	19 10:00 Manicures-Vicki 11:15 Balance Class 2:00 Make Overs & Glamour Shots	20 9:30 Exercise-Fabienne 10:00 Trip to Walmart 10:00 Spanish 11:30 Open Gym 2:30 Porch Social & Corn Hole	21 9:30 Exercise with Jo 10:30 Balloon Noodle Toss 11:30 Games 2:00 Flower Arranging 3:00 Front Porch Social	
22 9:30 Table Topics 10:30 Trivia 2:30 Brain Games 3:00 Movie	23 9:30 Exercise-Fabienne 10:30 Trip to Giant and Walgreens 11:30 Open Gym 3:15 Meditation	24 9:30 Exercise- Richard 10:30 Pokeno with Linda 11:00 Book Club 11:30 Open Gym 2:00 Coffee Milkshakes & The History of instant coffee	25 9:30 Strength/Posture 10:30 Bayada Presentation 11:30 Open Gym 12:30 Men's Lunch Outing 2:00 Toilet Paper Game	26 10:00 Manicures-Vicki 11:15 Balance Class 1:30 Trip to Library 2:00 Let's play Family Feud	27 9:30 Yoga w/Kerry 10:00 Spanish 10:30 Corn Hole 11:00 Shakespeare Club 11:30 Open Gym 2:30 Porch Social 3:30 Kennett Farmers Market	28 9:30 Exercise with Jo 10:30 Mindfulness Workshop 11:00 Private Reiki Healing Sessions 2:00 Walking club	
29 9:30 Let's Have a Picnic 11:00 Private Reiki Healing Sessions 2:00 Walking Club	30 9:30 Exercise 11:00 Resident Council 11:30 Open Gym 1:45 Bingo 3:15 Meditation	31 9:30 Exercise-Richard 10:30 Name that Tune! 11:30 Open Gym 2:00 Read and Discuss	Kona Ice Truck Sunday, July 29 2:00 Front Porch Area			Corner Store Hours Fri 1:30-2:00, Mon. 3:00-3:30 Open Gym M, T, W & F 11:30   	
						(LH)=Linden Hall (P)=Parlor FP=Front Porch (RR) Rec Room	